CHICAGO BARN DANCE COMPANY

RESPECT YOURSELF, YOUR PARTNER AND THOSE AROUND YOU. IF SOMETHING DOESN’T FEEL RIGHT – SPEAK UP.

RULES ARE SOMETIMES MEANT TO BE BROKEN – AS LONG AS IT FEELS COMFORTABLE TO YOU, YOUR PARTNER AND THE PEOPLE AROUND YOU.

DON’T FORGET TO SMILE AND MAINTAIN EYE CONTACT DURING THE DANCE! USE MODERATION – CONSTANT EYE CONTACT CAN FEEL CREEPY WHILE NO EYE CONTACT AT ALL CAN FEEL IMPERSONAL.

Include both New and Returning Dancers. If you want to dance, get on the Dance Floor! Refrain from booking ahead.

Maintain good personal hygiene. Shower before the dance, and bring antiperspirant. Use breath mints, & share nicely with others as well.

Intentional verbal or physical abuse (touching, cursing, etc.) is unacceptable. Offenders may be banned – permanently.

Protect yourself: wear proper footwear; please wear clean soft soled shoes to protect the floor and your body. Avoid Spike Heels.

Please do not wear perfume, cologne, or other scented products to the dance. Many dancers are allergic and will not be able to dance comfortably if others are wearing fragrance!

Make yourself presentable at dances. Consider bringing a spare shirt, or a bandana to mop your brow.

We’re all here to have fun. Enjoy yourself and do your best to make the evening fun for others as well!

Connect with partners the way you’d like to feel connection yourself. If a partner uses an unpleasant or hurtful connection consistently, please let them know.

The dance organizers are always available if you’d like to consult with them.

Our dances are inclusive. Be welcoming and treat others with respect and kindness regardless of age, gender, sexual orientation, physical appearance, ethnicity, (dis)ability, or other aspect of identity.

We’ve all got the contra bug, but germs are not something to share. If you have to sneeze or cough – do so into your arm, not your hand. Use hand sanitizer and wash your hands throughout the evening.

If you accidentally bump, kick or hit someone while dancing, apologize. If a person consistently dances in a dangerous way, bring it to their attention or let the dance organizers know.

If you unintentionally touch or graze someone’s private areas – apologize if inappropriate touching persists, bring it to that person’s attention or the organizer’s.

Thank your partner for the dance when the song ends.

Thank you!